

Biopuncture

Title:

Choose Biopuncture to Heal Your Pain

Biopuncture is a therapy whereby specific acupuncture points are injected with biological products. Most of these injections are given under the skin or into the muscles.

Article:

What is a Biopuncture?

Biopuncture is one of the Best Natural Therapy Treatments.

Biopuncture or Acupuncture Injection Therapy (AIT) is a treatment therapy that targets specific locations to be injected with biological products. It is most common for the injections to be done into the meso-layer of the skin or a muscle within the body.

What sorts of products are being used in Biopuncture Therapy?

Most ampoules contain low doses of plant extracts. Products commonly used are, for example, arnica, echinacea, and nux vomica. Arnica is used for muscle pain, nux vomica is injected for digestive problems, echinacea is used to increase the natural defense system of the body. Biopuncturists always inject cocktails of natural products. Traumeel for example is used for inflammation and sports injuries, Spascupreel is used for muscular cramps and Lymphomyosot for lymphatic drainage. These products are sometimes combined with a local anesthetic medicine like procaine. These products can be combined to help with more than one symptom at the same time.

Injections with antiphlogistics, hyaluronic acid, blood platelets, blood, procaine, ozone, cortisone or vitamin B are not considered as Biopuncture.

Is it Safe and the Right Treatment for Pain?

Biopuncture is safe because the ampoules do not contain high concentrations of active substances and generally they are diluted. Side effects are extremely uncommon. The manufacturing guidelines are very strict and they are held to very high quality control regulations. Clinical studies on thousands of patients have confirmed the safety of solutions

like Traumeel and Zeel. These two remedies are in the PDR showing the benefits compared to cortisone injections.

Has it been proven that Biopuncture works by stimulating my immune system?

Anecdotally, Biopuncturists have experienced the effects of these injections for decades. Recent research on Biopuncture has revealed new insights into the mechanism of how these products work. In June 2004, in the medical journal, *Clinical and Developmental Immunology* – a peer-reviewed, conventional medical journal – researchers showed that Traumeel inhibited IL-1 β and TNF-alpha secretion. Both of these immune mediators are associated with increased inflammation and tissue damage. Traumeel has also been shown to shorten recovery time for acute sports injuries. (Orizola A et al. 2007).

How does Biopuncture Therapy work for Pain?

With conventional medicine the drug that is prescribed can suppress your symptoms immediately and this is achieved by taking high doses of chemical substances. But as soon as the effect wears off or stops working you have to take another dose. Biopuncture therapy is completely different. With Biopuncture therapy, small doses of products are injected to stimulate natural healing processes. Since, they are very low doses that stimulate and promote the mechanisms available to heal. So in essence, the body is working from within to create healing actions and reactions within the immune system.

When should my physician suggest Biopuncture?

Biopuncture cannot heal all of your medical problems. It is not a miracle therapy. It is up to your doctor to work with you to decide what conditions can and cannot be treated. The majority of patients choose Biopuncture because they are in pain which has not responded to treatment with conventional medications (i.e. NSAIDS like Advil, steroids or opiate pain-killers) or they prefer to treat their conditions with complementary medicine approaches. It is critical to recognize that Biopuncture is not designed to “take away the pain” as with conventional pain killers. Pain is seen as an important ‘signal’ from your body that something is going wrong. It is like the warning light on your dashboard of your car: the goal is not just to relieve the pain and restore function,

but to treat the deeper cause. This means that if pain can be alleviated with Biopuncture – without prescription or over-the-counter medications – there is good reason to conclude that the deeper cause of that particular pain has been eliminated.

How Actually These Dilutions Have An Efficient Influence on Body?

Most ampoules contain very low concentrations of plant extracts, which leads the many allopathic physicians to question the effectiveness of these solutions. The solutions are used in Biopuncture are not diluted to the extent of not having any active ingredient as in Homeopathy but are at a level called a “micro –dose”

How does this small dose influence the body? A good example is to think of a chicken pox vaccination – only small amounts of the product are necessary to stimulate your immune system (= your defense system). Biopuncture injections are not vaccinations of course; however, the mechanism is similar: small doses of the right solution can have a strong effect. Biopuncture produces its clinical effects because it stimulates your own immune system and restarts your healing capacity. (The medications used in Biopuncture have no relation whatsoever to the current controversy over childhood immunizations).

Key Precautions of Biopuncture Treatment before and after

- Do not consume coffee or strong green or black tea for at least an hour before treatment.
- Do not have a massage on the day of you Biopuncture treatment.
- Avoid non-prescription blood thinners, aspirin, and fish oils for 72 hours before therapy for Biopuncture to avoid bruising.
- If you discoloration easily, take 1500mg of vitamin C and 500 mg of bioflavonoid twice daily.

Conclusion

Biopuncture is safe, efficient and an excellent choice of therapy when selecting health options by use of a natural therapy. It uses biological injections to stimulate the natural self-healing capacities of your body. Contact Natural Med Therapies in Largo, Florida by calling 727-541-2211 or email info@naturalmedtherapies.com.

